

Berwick Neighbourhood Centre



MON 13 JULY
- FRI 18 SEPT

TERM 3 2026

Community is about doing something together that makes belonging matter.

We offer our Berwick Community:



Health and Wellbeing Groups



Support Groups



Children's Services



Activities for the Mature Adult



Shared Interest Groups



Hall & Room Hire



Community Garden



Facilitated Playgroups

OUR VENUES

Timbarra

26 Parkhill Dr, Berwick

Tel: 03-9704 1863

Email: admin@berwicknc.com.au

Centre Operating Hours

Mon - Thurs - 9.00am - 3.00pm

Friday - 9.00am - 12.00 pm

High Street (Children's Services)

112 High St, Berwick

Tel: 03-9796 1970

Email: childrenservices@berwicknc.com.au

Mon-Thurs - 9am - 3pm

Fri - Closed

High Street (Seniors Building)

112 High St, Berwick

Tel: 03-9704 1863

Email: admin@berwicknc.com.au

Website: www.berwickneighbourhoodcentre.com



Berwick Neighbourhood Centre



Berwick Neighbourhood Centre Information

The Berwick Neighbourhood Centre is a **Not for Profit organisation** whose aim is to provide a safe, inclusive welcoming space for all community members to engage in a range of activities/services that enable learning opportunities, support and connections with others in our diverse and ever changing community. We look forward to you becoming part of our Berwick community.

There is an **Annual Membership fee of \$15**

Please note: All details in this term program were correct at the time of printing. The Centre reserves the right to change times, dates and fees when necessary. Updates of our program can be seen via our Facebook and our website. Our centre operates in accordance with the current government health guidelines and reserves the right to cancel or transition to online programs if required to do so.



The Berwick Neighbourhood Centre acknowledges and pays respect to the past, present and future Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.

The Berwick Neighbourhood Centre is committed to providing a child safe environment

Centre Operating Hours (During Terms 1-4):

High Street (Children's Services) - Monday – Thursday 9am-3pm, Fri – Office Closed

Timbarra & High Street (Seniors Building) – Monday-Thursday 9.00am-3.00pm

Friday – 9.00am-12.00pm

Call: Timbarra & Seniors Building Venue 9704 1863 or 9796 1970 (Children's Services only)

email: Admin@berwicknc.com.au



Neighbourhood Houses Victoria



The Berwick Neighbourhood Centre is proudly supported by the Beaconsfield District Branch of Bendigo



Term 3 Workshops & Events

Garden Workshop in Term 3

Preparing your Spring Garden

Join Kim and shake off the Winter blues in the garden as we turn our thoughts to Spring. Explore what needs to be done to prepare your garden for the best harvest. Discuss the plants and vegetables that you can add to your garden and most importantly how you can help your soil to achieve this. So come along share ideas, learn a tip or two and share a cuppa as we explore the garden.

Where: Berwick Community Garden located next to the Timbarra Hall
20-27 Parkhill Dr, off Timbarra Way.

Date: Thursday - 13 August 2026

Time: 10am - 11am

Numbers are limited. **BOOKINGS ESSENTIAL.**



The Casey 360 Bus



Come down and check out the Casey 360 Bus, a mobile youth information centre for young people that services the suburbs of the City of Casey.

The Casey 360 bus provides:

- 2 youth workers
- Information on a range of issues relevant to young people
- 7 LCD TV screens for movies and games
- 3 Apple iMacs with internet access
- 5 PS4s, a Nintendo Switch and iPads
- Board Games, card games and sporting equipment
- This is a FREE service for young people aged 10-25 years.

Meet Rory & the team at Timbarra Community Centre/Hall.

Dates for Term 3: TBA - See Casey Council website for dates and times

Keep up to date on all
our Termly workshops &
events by following us
on Facebook 
or checking our
website

(www.berwickneighbourhoodcentre.com)



HEALTH & WELLBEING

Exordium Health

Circuit Training & Boxing Classes

Suitable for all fitness levels incl. over 50's, those with health conditions or new to exercise. All equipment provided except mats.

Days & Times - Tues & Fridays 9.15am to 10.15am

Where - Timbarra Community Hall

Cost - \$14 per session or \$10 Concession

Info - Lorraine 0425 748 644 or email: info@exordiumhealth.org

Bring own mat, water bottle & wear comfortable clothing.



Cheyenne on Queue Line Dancing



When: Mondays

Where: Timbarra Community Hall

Time: 9.30am-12.00pm and/or 6.30pm-9.30pm

Info: Darren 0435 507 307 or check out www.cheyenneonqueue.com.au

Get fit & have fun while you step out to the music.

Walking Group

Would you like to go for a weekly walk with others in our community? Take part in a bit of friendly conversation? Pace yourself according to your own abilities? Come and join our walking group on a Friday morning, followed by a light morning tea and a chat. All Welcome.

When: Fridays

Where: Meet in Timbarra Community foyer

Time: 10am - 11.30am (approx)

Info: Centre at 9704 1863 or **email** admin@berwicknc.com.au



Life Coaching

Life Coaching offered by Naima Usman

When: Mondays

Where: Meeting Room Timbarra Community

Time: 9.45am - 11.45am

Info: Naima at 0415 369 850

Email: naeemausman88@gmail.com



HEALTH & WELLBEING

NSYNC Dance Academy

Afternoon & evening Dance classes for children & Adults. Hip Hop, Jazz, Classical and Tap. Acrobatics for Children.

Days & times: Tues 4.15 to 8pm

Wed 4.00pm - 9.00pm

Where: Meet in Timbarra Community Hall

Info: Lauryn on 0422 860 457

Email: nsyncdanceacademy@gmail.com

Web: www.nsyncdanceacademy.com



Seated Movement Sessions (Chair Dancing)

Would you like to try exercising from the comfort of a chair? Join us for some seated movement sessions where we will use fun and uplifting songs and different styles and eras of music. All ages & abilities welcome.



When: Monday's (School Terms only)

Where: Timbarra Community Room

Time: 10.15am - 11.00am

Cost: \$8 per session

Info: Centre at 9704 1863 or
email: admin@berwicknc.com.au

YOGA with Nick

Looking for Yoga sessions? Whether you have done it before or would like to give it a try, Nick offers two classes a week and all are welcome.

Day's & Times: Mondays 9.45am - 11am

Where: Timbarra Community Room

Bring own mat, water bottle & wear comfortable clothes.

SCHOOL TERMS ONLY





HEALTH & WELLBEING



Kadampa Meditation

Take time for yourself as you join Kadampa for some evening meditation.

When: Thursdays

Where: Timbarra Multipurpose Room

Time: 6.30pm - 8.30pm

Info: Kate on 03-9756 7203 or email - a
info@kadampa.org.au

Reiki with Debbie

Reiki is a Japanese form of therapy that aims to increase energy levels and promote relaxation and wellbeing. It is applied through non-invasive, non-manipulative gentle touch and can contribute to your wellbeing by helping you feel relaxed, peaceful and more energetic.

For further information or to book an appointment please call **Debbie** on 0409 369 276



Community Garden & Seed Library

Our weekly community garden group meets every Thursday at our Berwick Community Garden located between the Timbarra Community Centre and the Timbarra Hall. All welcome to tend to the garden, share some tips, enjoy each other's company and a cuppa afterwards.

When: Thursdays during school terms

Where: Community Garden at our Timbarra venue

Time: 9.30am - 11.30am

Info: Centre on 9704 1863

Email: admin@berwicknc.com.au

Bring: Garden Gloves

ALL WELCOME. No experience necessary.



Square Dance Club

Come give Square Dancing a try. We offer two daytime classes on a Wednesday for beginners or experienced mainstream and an advanced class on a Monday for those with lots of experience.

Days & Times: Mondays (Advanced Classes) 2pm-4pm at \$10 per session

Days & Times: Wednesdays (Learners/Beginners) 1pm-2.15pm at \$5 per session

Days & Times: Wednesdays (Experienced Mainstream) - 2.15pm-3.45pm at \$10 per session

Info: Tony - 0408 340 990

Email: bowring@bigpond.net.au

ALL WELCOME.





SHARED INTEREST GROUPS

Neighbourhood Knitters Chat & Yarn Group

We provide the wool, you provide the "Yarn"! Especially for those that love to knit and crochet and would like to meet other like-minded people. Enjoy knitting in an informal, relaxed atmosphere, with a focus on time to be donated to charities.

Days & Times: Thursdays 10am to 12pm

Where: Timbarra Multipurpose Room

Cost: \$2 per session

Info: Timbarra Centre at 9704 1863 or

Email: admin@berwicknc.com.au



Crochet Classes

Join our cosy crochet classes for beginners and learn the basics of this relaxing and creative class. Whether you are just starting out or an experienced crocheter working on your own projects, our sessions are the perfect place to unwind, connect and create. Advanced participants are welcome to bring their projects or work on charity squares for a meaningful touch.

Days & Times: Wednesdays 1pm - 3.30pm

Where: Timbarra Multipurpose Room

Info: Timbarra Centre at 9704 1863 or

Cost: \$8 per session

Email: admin@berwicknc.com.au

Sewing Machine & Computerised Machine Embroidery Group

Come along and have some fun with your machines, whether a plain sewing machine or an embroidery machine - all sewers welcome.

Days & Times: 3rd Thursday of the month 10am to 3pm

Where: Timbarra Community Hall

Info: Lyn Dickson on 0407 472 960



Craft Classes with Elizabeth

Do you enjoy craft making? Would you like to make some new friends?

Join us to discover the joy of craft and have a chat with like-minded people. You will be introduced to a range of craft techniques through a new project each week. All materials are included though you may wish to bring your own scissors, glue stick and double-sided tape.

*****BOOKINGS ARE ESSENTIAL*****

Days & Times:

Tuesdays - 10am - 12pm - 14 July to 15 September)

Thursdays - 12.30pm-2.30pm 16 July to 17 September

Where: Timbarra Multipurpose Room

Cost: \$8 per class - all materials supplied

Info/Bookings: Centre at 9704 1863 or
email - admin@berwicknc.com.au



SHARED INTEREST GROUPS

Chikushinkai Iaido & Jodo

Interested in learning more about the martial arts of Iaido and Jodo?

Days & Times: Saturdays 8.30am - 12.30pm

Where: Timbarra Community Hall

Info: Paul - 0410 768 692

Email: fairlane501@gmail.com



Sri Lankan Theatre Group

This group provides an opportunity for Sri Lankan children, youth and adults to share cultural values and express themselves via theatre while sharing their culture with the wider Australian Community.

Days & Times: Fridays 6pm - 9.30pm

Where: Timbarra Community Hall

Info: Centre at 9704 1863 or

Email: admin@berwicknc.com.au

CWA (Country Women's Association)

The CWA meet on the 1st Monday of the month.

Days & Times: 1st Monday of the month 7pm - 9pm

Where: Timbarra Community Room

Info: Kate - 0435 863 054

Email: azzo71@yahoo.com.au



Men's Morning Discussion Groups

Discussion Group for older men with new ideas. We have two groups that run on different days. Please see days & info below.
All Welcome.

GROUP A

When: 3rd Friday of the month

Where: Timbarra Multipurpose Room

Info: John - 0431 844 833

Email: johnnybill1947@hotmail.com

GROUP B

When: Last Thursday of the month 9am - 12pm

Where: Timbarra Meeting Room

Info: Jim - 0408 335 130



FEREN - Mat Yoga

Interested in Mat based Yoga classes?

Days & Times: Mat Yoga - Mon 5.30pm to 6.30pm

Where: Timbarra Community Room

Info: Feren - www.atec.vic.edu.au

Email: admin@berwicknc.com.au

Cost: Mat based Yoga - \$20 casual



Pitch Perfect Studios

Interested in singing lessons? Join Nikita from Pitch Perfect Studio.

Days & Times: Mondays 5pm-8pm, Wed 4.00pm-7.00pm & Thur 5-8.30pm

Where: Meeting Room at 112 High St, Berwick

Info: Nikita - 0424 994 956

Email: nikita@pitchperfectstudios.com.au



SHARED INTEREST GROUPS

Ladies with HATitude

Looking for a fun group of women ages 40 plus who want some sunshine and colour in their lives? The **RED** Hatters are here! The **RED** Hat Society is the largest international women's social club, whose focus is on living life to the fullest, having fun and not "acting our age"! We hold regular meetings at the Berwick Neighbourhood Centre at Timbarra.



Days & Dates: First Monday of the Month

Where: Timbarra Community room

Time: 11.30am - 2pm

Info: Robyn Wright at 0447 657 976 or

Email: ladieswithhatitude@mail.com



CASEY QUEER COLLECTIVE Theatre Fun

Join us for a social night with improv games and acting for LGBTQIA+ Adults. No experience necessary. Join a community that celebrates being silly!

When: Every 4th Monday of the month

Where: Timbarra Multipurpose Room

Time: 7 - 9pm

Email: caseyqueercollective@gmail.com

Cost: Gold Coin donation for BNC members

Women's Group

Bring your craft, bring your latest read, or just bring yourself. Pop in for a chat. See what is happening at the centre. Have a cuppa and relax for a moment or two.

When: Mondays

Where: Timbarra Meeting Room

Time: 12pm - 2pm

Info: Centre at 9704 1863 or

Email: admin@berwicknc.com.au



GUITAR LESSONS

Wanting to learn how to play the guitar? Learn to read music or strum. Join Michael on a Wednesday at Timbarra.



When: Wednesday's)

Where: Timbarra Meeting Room

Time: 4pm - 7pm

Call or Text: Michael - 0408 681 544

A Laugh A Minute with Dee

Looking for something fun, relaxing and social? Come and be part of our friendly activity group run by the fabulous Dee. Activities include gentle exercise, arts & craft, games, music & memories and friendly chats. All abilities welcome.

When: Tuesday during school terms

Where: Timbarra Multipurpose Room

Time: 1pm - 2.30pm

Cost: \$2 per session

Info: Centre at 9704 1863 or

Email: admin@berwicknc.com.au



Book early as numbers are capped at 10 participants (excluding any carers).



What's on offer at our Senior's Hall, High St, Berwick

U3A Tai Chi

Join the U3A Tai Chi classes held in the Seniors Hall at 112 High St on Monday Mornings.

When: Mondays

Where: Senior's Hall, 112 High St, Berwick

Time: 9.30am - 11.30am (Experienced)
1pm to 2pm (Beginners)

Info: 0493 280 458

U3A Cantonese Cooking Classes

Come along and join the U3A's Cantonese/Chinese cooking classes as they cook up a storm.

When: Every 4th Monday of the month

Where: Senior's Hall, 112 High St, Berwick

Time: 1pm - 3pm

Info: 0493 280 458

U3A Exercise Classes

Fancy some gentle exercises with great company, join the U3A exercise classes held each week.

When: Mon - 11.30-12.30pm
Thurs - 10-11am

Where: Senior's Hall, 112 High St, Berwick

Info: 0493 280 458

Rock & Roll Dancing

Fancy a bit of rock & roll dancing with others who love to dance? Join us on for lots of fun, laughter and movement.

When: Mondays

Where: Senior's Hall, 112 High St, Berwick

Time: 7pm - 9pm

Info: Samantha 0423 053 007

For more info please email

Wendy -

wmedew@gmail.com

Berwick Orchid Club

Interested in joining the Berwick Orchid Club? They meet on the last Sunday of the month.

When: Last SUNDAY of month

Where: Senior's Hall, 112 High St, Berwick

Time: 12pm - 4pm

Info: Neil - 0407 726 712

Other Activities on offer by the Berwick Seniors

- Line Dancing - **Tues** 10am-1pm
- Scottish Dancing - **Tues** 7pm-10pm
- Activity Day - **Wed** 11am-3pm
- Club Day - **Fri** 8am-3pm

Casey Tamil

Monthly meeting on the 1st Saturday of each month.

When: 1st Saturday of the month

Where: Senior's Hall, 112 High St, Berwick

Time: 10.30am-2pm

Info: Siva - 0491 149 113

Email: sivas1714@gmail.com



Family, Youth & Children's Services

3 & 4 Play & Grow Sessions

Looking for 5 hour session/s for your 3 or 4 year old that are run during school terms only? Our program is run in accordance with the Early Years Learning & Development Frameworks by qualified educators in a caring & supporting environment. Childcare Subsidy (CCS) is available if you qualify. Children already attending 3 or 4 year old kinder are welcome to attend any of our sessions as well.

When: Mondays - Thursdays

Where: 112-116 High St, Berwick

Time: 9.15am - 2.15pm

Info: Kerry - 03-9796 1970

Email: childrenservices@berwicknc.com.au

Children must turn 3 years old before the end of April in the year they enroll. Small classes in a lovely community setting with consistent, friendly educators.



2027 Enrollments OPEN NOW

Childcare at High Street



We offer permanent bookings for your children aged 12 months to 4 years at our centre during school terms only. A choice of either 3 hour or 5 hour sessions with our nurturing qualified educators. Our childcare program is run in accordance with the Early Years Learning & Development Frameworks. Use of the childcare subsidy (CCS) is available if you qualify.

When: Mondays - Thursdays

Where: 112-116 High St, Berwick

Time: 9.00am - 12 pm or 2pm

Info: Kerry - 03-9796 1970

Email: childrenservices@berwicknc.com.au

Small classes in a lovely community setting with consistent, friendly educators.

PLAYGROUPS at Timbarra

Are you looking for a Playgroup for you & your child/ren where you can socialise with others while your child learns through play? Our playgroups are run by a qualified, experienced facilitator in an excellent, well-equipped venue, with a secure, enclosed playground. All equipment is provided.

Days, Ages & Times:

12 months to 5 years

Tues & Thurs 9.30 - 11.30am & Friday - 9.15-11.15am

Friday sessions are run for 3 Fridays per month - being the 1st, 2nd and 4th Friday of the month (**NOT ON 3rd Friday of month**)

Babies Natter & Chatter 12 weeks to 12mths -

Thurs 12.30 - 2.00pm

Where: Timbarra Community Room

Cost: \$8 per session

Info: Kat on 03-9704 1863

Email: admin@berwicknc.com.au

BOOKINGS ARE ESSENTIAL AS NUMBERS ARE LIMITED

Note: Sessions are dependent on numbers and may change due to numbers.

Vita Speech

We offer a range of individual & group therapy services for children, teens & young adults. We can help with early communication skills for late talkers (1-3 year olds), social/friendship skills for primary school, teens & young adults & school readiness for pre-schoolers.

Days & Times:

Saturdays - 11.30am-1.00pm

Where: Timbarra Community Room

Info: 9707 5033

Email: visaspeechpathology@gmail.com

vita speech
communication is life



MINISTRY

Anchor Baptist Group

When: Sundays - 9.30 to 12.30pm & 5.30pm - 7.30pm

Where: Timbarra Hall

Info: Rija or Celeste 0404 924 506

Email: abrellceleste@gmail.com



SUPPORT GROUPS

**GROW
SUPPORT
GROUP**

GROW | 
mental wellness programs

GROW provides friendly help for those of us suffering from emotional distress, depression, or other effects of stress. Members share their own experiences & coping strategies to help one another.

GROW is anonymous, confidential, open to all and free!

When: Wednesdays

Where: Timbarra multipurpose room

Time: 10am - 12pm

Info: GROW at 03-9528 2977

Web: www.grow.net.au

SUNLIGHT OF THE SPIRIT GROUP

Alcoholics Anonymous

Sunlight of the Spirit is an open meeting of Alcoholics Anonymous. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety. Join us for our weekly meeting where we study from the Big Book of Alcoholics Anonymous and share our experiences, strength and hope for each other. Everyone is Welcome, especially newcomers.



When: Tuesdays

Where: Timbarra multipurpose room

Time: 7pm to 8pm

Info: Sean - 0425 707 480

Web: www.sunlightofthespiritaa.org.au



ACTIVITIES FOR THE MATURE ADULT

BERWICK ACTIVITIES CLUB

Carpet Bowls

A great way to meet new friends, have fun and keep fit.

When: Tuesdays

Time: 1.00pm - 3.30pm

Where: Timbarra Hall

Info: Bruce - 0447 554 475

Email: brucehenry6@bigpond.com



BERWICK ACTIVITIES CLUB

Social Group

A social and friendship group offering games, cards, activities and excursions with others of a similar age.

When: Wednesdays

Time: 9.30am - 12.30pm

Where: Timbarra Hall

Info: Bruce - 0447 554 475

Email: brucehenry6@bigpond.com



BERWICK ACTIVITIES CLUB

Dance Group

Do you enjoy dancing? Come join the club and have fun with others who love to dance.

When: Thursday Evenings

Time: 6.30pm - 9.30pm

Where: Timbarra Hall

Info: Bruce - 0447 554 475

Email: brucehenry6@bigpond.com



BERWICK ACTIVITIES CLUB

Scrabble Club

Fancy some fun with 7 random letters and a group of others who enjoy the game of scrabble? If you think you can spell, please join us for some social fun..

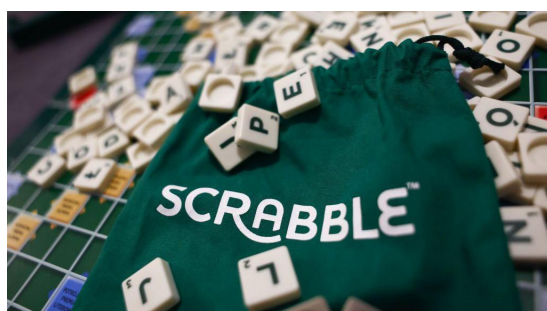
When: Fridays

Time: 9.30am - 12pm

Where: Timbarra Community Room

Info: David

Email: yank45@optusnet.com.au





Berwick Neighbourhood Centre Community Garden

What's happening in the garden in Term 3, 2026

Our Community Garden is ready and waiting for you!

Regardless of your gardening experience, the community garden is a place to meet, to share and to learn. Meet new people from the community as we come together through regular Garden groups, workshops and tending to our raised garden beds.

Located between the Timbarra Community Centre & the Timbarra Hall, come and check out this vibrant, welcoming environment. Designed to accommodate all ages, stages and abilities, the community garden will provide the opportunity to:

- successfully grow nutritious food via tending to individual or community raised garden beds.
- learn what to do with harvested produce via food preparation opportunities in the Timbarra Hall kitchen.
- see the benefits of sustainable living via workshops and activities
- meet other locals and experience the benefits to your wellbeing of being in the garden.

For more information call the centre on **03-9704 1863** or email: admin@berwicknc.com.au



Weekly Garden Group

The group meets every **Thursday** to share tips, tend to the community garden, enjoy each others company and a well deserved cuppa. Don't forget your garden gloves.

No garden experience necessary. All Welcome.

Rest assured, if you need a little respite from the weather be it too warm or cold, we can still gather in the comfort of a room in our centre.

Time: 9.30am - 11.30am

When: Thursdays (during school terms)

Venue: At the garden between the Timbarra Community Centre and the Hall.

Saturday Morning Garden Group for Term 3

For those garden goers who are unable to make a weekday, we also do a Saturday session each term.

This term, it will take place on:

**Saturday
5 Sept 2026
8.30am - 10am**

In extreme weather, garden sessions will be cancelled. If unsure, please email Kim at manager@berwicknc.com.au for confirmation of times.

****HALL & ROOM HIRE OPPORTUNITIES****

Multipurpose Room – Timbarra Community Centre

Lovely room with small kitchenette and enclosed outdoor area. Suitable for up to 40 people.

Community Room – Timbarra Community Centre

A decent sized room suitable for up to about 40 people with access to full kitchen and substantial enclosed outdoor area.

Meeting rooms–Timbarra Community Centre & High Street

Suitable for 5-10 people. Timbarra Meeting Room includes a small kitchenette in the room. High St has access to a kitchen. Suitable for 10 - 15 people.

Timbarra Community Hall – Timbarra Community Centre

The Timbarra Community Hall is available for hire on Saturday evenings between 2pm and 12am for birthdays, engagements, Weddings and any other special Celebration you may wish to Celebrate. The Hall can comfortably cater for 100 people. Good Commercial kitchen, heating and air-conditioning.

- HALL BOOKINGS ARE ESSENTIAL.
- APPLICATIONS ARE REVIEWED EACH WEDNESDAY.
- NO BOOKING WILL BE ACCEPTED LESS THAN 14 BUSINESS DAY'S BEFORE THE EVENT DATE.
- HALL HIRE IS NOT AVAILABLE DURING SCHOOL HOLIDAY'S

The High St Senior's Hall - High St Senior's Building

The hall is located at 112 High St, Berwick and is suited for meetings, classes, community groups & functions for up to 100 people. Full kitchen available on site. Hall area comes with stage. Heating & cooling provided.

- HALL BOOKINGS ARE ESSENTIAL.
- APPLICATIONS ARE REVIEWED EACH WEDNESDAY.
- **NO BOOKING WILL BE ACCEPTED LESS THAN 20 BUSINESS DAY'S BEFORE THE EVENT DATE.**
- HALL HIRE IS NOT AVAILABLE DURING SCHOOL HOLIDAY'S

For Bookings or further information on any of these hire opportunities please call 9704 1863 or email Admin@berwicknc.com.au

